

Lama Phuntsok

# The Four Deities Combined

Teachings on a fundamental practice of the Shangpa Kagyu Tibetan Buddhism



MARCH 7-8, 2020

CASACLI

VICOLO DEL CONTE 2 - ROMA

event organized by Kagyu Samye Dzong Vicenza

An important practice in the Shangpa lineage, of which there are two main sources of transmission, both of them originated by the Indian mahasiddha Shavaripa. In this seminar will be presented the one revealed by Rahula Gupta to the Shangpa founder, Kyungpo Naljor. Since then, this practice has been uninterruptedly transmitted over the centuries until the current Kalu Rinpoche incarnation.

It is a yogic practice focusing on the main deity Vajradhara (tib. Dorje Chang) in union with his consort Vajradatavesvari (tib. Ying Chuk Ma). They are surrounded in the four cardinal directions by:



**Mahakala Chadrupa**

who's focus is dispelling outer obstacles;



**Vajrayogini (tib. Dorje Naljorma)**

who's focus is enriching inner meditative experience bliss and heat;



**Avalokitesvara (tib. Chenrezig)**

who's focus is enriching outer meditative experience;



**Green Tara (tib. Drolma)**

who's focus is dispelling inner obstacles.

The seminar will be held in English language with Italian translation by Renato Mazzonetto.

## Lama Phuntsok



Born in Guadeloupe in the French West-Indies, he came to France in the early seventies. Interested in spirituality since that period, he travelled to India for that reason but it was only in the early nineties that he met the Dharma of the Buddha and such masters as Bokar Rinpoche, and many others. He had been living for ten years at Palden Shangpa La Boulaye, from 1992 to 2001. During these years, he carried out various retreats of one year and one of three years. At the end of this he assisted the retreat master for several years. Then he stayed in India for two years, where he received spiritual advices from Bokar Rinpoche. Since the current Kalu Rinpoche took over the responsibilities of his predecessor in 2011, Lama Phuntsok decided to be at his service.

## Info and Rates

Suggested offer for two days of teachings

**70€**

The proceeds are just intended to cover the event cost and to support the activities of Lama Phuntsok and Kyabje Kalu Rinpoche. In case of economic difficulties, please contact us: we will find a solution together.

for registration and information: [4yidam@gmail.com](mailto:4yidam@gmail.com)

TEACHING HOURS		
Saturday	10 am - 1 pm	2:30 pm - 5 pm
Sunday	9:30 am - 12:30 pm	2 pm - 4 pm
Meals	15€ full meal, drink included*	

\*Booking before March 2nd.

For people coming outside Rome, it is possible to stay in the seminar structure at discounted rates.

RATES PER NIGHT, BREAKFAST INCLUDED	
double room	65€
single room	47,50€
tourist tax	3,50€ per night, per person

Rooms can be booked by directly contacting the hotel at [casaccliroma@gmail.com](mailto:casaccliroma@gmail.com) or by calling **0039 344 249084**.

To take advantage of discounted rates, please declare your participation at the buddhist seminar during the booking procedure.

To avoid any delay and have the opportunity to receive teachings in the best state of mind, it is kindly suggested to reach the venue by the 6th of March.

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