

WYLYE VALLEY MEDITATION

a weekend course:

Transforming Difficult Emotions with Renato Mazzonetto

Saturday 21 July, 10am - 4.30pm and
Sunday 22 July 10am - 4.00pm

at

The Village Hall, Norton Bavant, Warminster, Wilts. BA12 7BB

Renato is making a welcome second visit to Warminster and the Wylve Valley. His experience and training make him uniquely qualified to be a teacher of Meditation, Buddhist teachings, and Mindfulness therapy. A philosophy graduate of Padua University, Renato is also a 'graduate' of two 3-year-long closed retreats at Samye Ling Tibetan Centre in Scotland. He has a Masters in Mindfulness-based Therapy, and instructs both groups and individuals. Renato is based in Northern Italy, as the representative there of Lama Yeshe Losal of Samye Ling, and has a busy schedule. His warmth and humour make him greatly valued as a teacher.



Renato with Lama Yeshe Losal

For maximum benefit come to both days!

There are chairs to sit on at the Hall. If you are happy to sit on the floor please bring a cushion and blanket. The weekend is open to all.

Saturday £28, Sunday £28. Advance payment for the weekend £48.
This cost is a suggested donation; please enquire about concessions.
(Teas/coffee included.) Bring picnic lunch: vegetarian food to share much appreciated!

Bookings/Information: Hilary Armstrong, tel: 01985 850875

Wylve Valley Meditation is a voluntary organisation affiliated to Kagyu Samye Ling Tibetan Centre as a Study Group.

Proceeds go to its activities and events, and to the charity ROKPA UK.

Please complete and return the enclosed booking form to secure your place